BRANCH REPORT

QC60 | Outaouais

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Attention: *In accordance with the advice of public health authorities to continue to avoid social gatherings during the ongoing COVID-19 pandemic, all in-person branch events have been postponed until further notice, extending the previously announced June 30, 2021, deadline. Stay tuned for more information.*

Message from the President

Dear members,

By the time you read this, you will be enjoying the summer and the pandemic will hopefully be under control.

The confinement caused by the pandemic has forced us to adapt and discover new ways to interact. Indeed, many of us now use digital technologies to keep in touch with family, grandchildren and friends. The terms "face-to-face" and "virtual" are now part of our vocabulary and make us realize how much we live in a changing world.

Our branch is adapting to these changes by keeping in mind our mission to maintain the stability of your retirement income and access to a good health care plan.

In the coming year, we will continue the local implementation of national programs with a particular emphasis on membership recruitment and retention.

More detailed news is presented in the following pages.



Sincerely,

Donald Déry
President of the Outaouais Branch



Thank you

for protecting the health and safety of Canadians

– from one generation to another

NATIONAL PUBLIC SERVICE WEEK | JUNE 13 TO 19, 2021

National Association of Federal Retirees
Association nationale des retraités fédéraux

Branch Annual General Meeting

Our Annual General Meeting (AGM) was held on April 22, 2021 via videoconference with 37 members participating. The bylaws had been modified exceptionally for this virtual AGM, reducing the quorum from 50 to 26 members. Jean Guy Soulière, President of the National Association of Federal Retirees, and the two Quebec Directors, Jacques Lambert and James Nicholson, were also present. Thank you, gentlemen, for your participation.

Your representatives on the Board of Directors



Donald Déry, President: Donald is a health promotion specialist and civilian retiree from the Department of National Defense and the Quebec health care system. He has been on the Branch's Board of Directors for the past six years and has served as President since 2017. He also sits on the Board of Directors of FADOQ Outaouais and TCARO. As President, he has the primary responsibility of ensuring that the Branch complies with the bylaws and policies of the Association; calling and chairing meetings; and acting as the Chapter's spokesperson at national membership meetings.



Andrée-Lise Provost, Vice-Chair: Andrée-Lise is retired from the Department of Justice, formerly in policy development at Treasury Board. As Vice-President, she assumes the duties of the President in his absence and may also assume other powers and duties as requested by the Board.



René Caron, Treasurer: René is retired from the Royal Canadian Mounted Police, currently serves as Secretary-Treasurer of Soccer Quebec, and is a Director on the Management Board of A.R.S.O. As Treasurer of our Branch since 2020, René is responsible for the care and custody of the Branch funds. He maintains the financial accounts and acts as the primary signatory; he reports on the Branch's financial activities to the Board of Directors and to the Branch membership at the Annual General Meetings.



Jacques Lecompte, Secretary: Jacques has expertise in project management, feasibility studies and procedure writing. He is retired from the Ministry of Supply and Services. As Secretary of the Board, he is responsible for writing, signing and keeping the minutes of the meetings; keeping the by-laws and archives of the chapter; keeping a record of the directors' mandates, maintaining these documents up to date on a regular basis.

Michael McNeil, Local Advocacy Officer: Michael is currently working as a Senior Advisor with the Treasury Board of Canada Secretariat, formerly as an financial specialist with the Department of Public Services and Procurement Canada. As Local Advocacy Officer, he will be responsible for activities in support of the Association's strategic advocacy priorities, working closely with the Provincial Advocacy Officer in the National Office.





Michelle Page, Head of Communications : Michelle is an occupational health nurse and retired from the CLSC in Hull. She has been the Webmaster and administrator of the Branch's Facebook page for five years. She also sits on the Board of Directors of the Mycologues amateurs de l'Outaouais. As Head of Communications, she will be responsible for collecting, maintaining and disseminating information relevant to our members, using a variety of methods and technologies such as newsletters, Sage magazine, Internet and Facebook pages, etc.
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Overview of 2021-2022 priorities

- **Advocacy**: We will participate in the national advocacy network to improve the quality and security of retirement for our members and all Canadians. We will plan activities for the upcoming federal election.
- **Membership Recruitment and Retention**: We will contact all our members to update their profiles, identify their needs and inform them of the services and benefits available to them through their membership in the Association. We will plan social events as soon as the context allows, alternating with virtual events.
- **Financial Management**: We are considering the implementation of electronic payments for invoices and direct deposits and will evaluate the appropriateness of transferring the management of the Branch's employees' pay to the National Office.
- **Governance**: We will revise the Branch By-laws to reflect current issues, update the Branch Strategic Plan and provide training sessions for all our volunteers.

Search for volunteers

The very act of volunteering has a direct impact on psychological well-being by fostering a true sense of personal fulfillment and improved self-esteem. Numerous studies have proven in the past that volunteering can strengthen the immune system, decrease the incidence of heart disease and even lower blood pressure! Do you have some free time? Are you interested in "volunteering" with us? Please send your name and phone number by email to: admin@anrf-outaouais.ca or by phone at 819 776 4128 or 1 888 777 4128 (toll free).

UPCOMING EVENTS

No events scheduled at the time of printing this insert.

Stay tuned to our Facebook, newsletters and Web posts for more details or contact us at the contact information on the first page of this document for more information about upcoming Branch

NATIONAL ASSOCIATION OF FEDERAL RETIREES

List of volunteers and board members 2021-2022

Board of Directors

President :	Donald Déry
Vice-president :	Andrée-Lise Provost
Secretary :	Jacques Lecompte
Treasurer :	René Caron
Director:	Michael MacNeil
Director:	Michelle Page

Volunteers

Photography :	Robert Dubois, Francine Frappier
Hosting site/CRM reports:	Guy Gaumont
Calls to members:	Hélène Brosseau, Christiane Babin,
Editing/Translation:	Jean Desbiens and Diane Bisson