

The latest news from the Outaouais branch

Come visit us at the Salon FADOQ Outaouais

On **October 25-26**, for the fourth consecutive year, we will be present with our booth (#311) at the [Salon de la FADOQ Outaouais](#) to introduce our association to the public. Admission to the fair is free and open to all.

Did you know that the [National Association of Federal Retirees \(NAFR\)](#) welcomes not only retirees but also federal employees? That's right! Tell your friends and family and come see us!

To learn about the benefits of joining the NAFR, click on this link:

<https://www.federalretirees.ca/en/members/benefits-of-membership>



Wine and cheese evening on November 22

The wine and cheese evening organized by l'Académie des retraités de l'Outaouais will take place on November 22. The evening will be hosted by André Thivierge, Director General of the NAFR Outaouais branch, who is also a **sommelier and musician/singer** in his spare time.

Bring your family or friends, sip wine, explore food pairings, and listen to beautiful music. It promises to be a wonderful evening. Hurry, space is limited. See all the details of the delicious menu when you register online at

<https://aro.activigo.com/program/activity/23918/77>



Date: Wednesday, November 22, 2025, at Domaine des Trembles (use the largest of the parking lots)

Time: 6:30 p.m. to 10:00 p.m.

Cost: \$89 tax-free (same price as for ARO members)

Registration: <https://aro.activigo.com/program/activity/23918/77>

A look back at the Gatineau municipal debate

The NAFR Outaouais branch, along with the organizing groups (ARO, AQDR, AREQ, TAG, and TCARO), sponsored a debate among the candidates for mayor of Gatineau on **Wednesday, October 15, from 2:00 p.m. to 4:00 p.m.**, at La Cabane en bois rond. The debate was successfully moderated by our Director General, André Thivierge.

You can watch the debate by clicking on this link:

Here are a few photos from our Facebook page:



Featured local partner

ABC Clinique Santé Chelsea-Gatineau, our proud local partner offering chiropractic, physiotherapy, massage therapy, nutrition, and social work services, welcomes you at its location at **57 Route 105, Unit 202, Old Chelsea, Quebec**.



The discount offered to members of the NAFR Outaouais branch is **20%** off any initial consultation at the clinic, including the first massage therapy appointment, and **10%** off subsequent follow-ups.

If you have any questions about this partner and the discount offered to our members, call them at 819-773-4243. Follow ABC Clinique Santé on their [website](#), [Facebook page](#), or [Instagram](#) account to stay up to date on their activities and promotions.

For a list of our local partners, click on this link:

<https://www.federalretirees.ca/en/branches/quebec/outaouais-branch/local-preferred-partners>

Christmas banquet - Save the date: December 6, 2025

Our magnificent Christmas banquet will take place this year on Saturday, December 6, 2025, at the Palais des Congrès in Gatineau. Stay tuned for communications that will be sent out between now and the **official ticket launch on Monday, November 3, 2025**. We hope you will join us for this wonderful, convivial event to celebrate the holidays.

Contact Us

Do you have any questions, comments, or suggestions? Feel free to contact us at admin@anrf-outaouais.ca or by calling 819-776-4128. Visit our [Facebook page](#), our [website](#) and our [LinkedIn page](#).

Sincerely,

Réal Fortin

President, Outaouais Branch

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