

From: Outaouais Branch Federal Retirees <service@federalretirees.ca>
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To: Lynn McCarragher
Subject: The latest news from the Outaouais Branch

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The latest news from the Outaouais Branch

Come visit us at the Salon FADOQ Outaouais

On Oct. 25-26, for the fourth consecutive year, the Outaouais Branch will be present with its booth (#311) at the [Salon de la FADOQ Outaouais](#) to introduce our Association to the public. Admission to the fair is free and open to all.

Did you know that the [National Association of Federal Retirees](#) welcomes not only retirees but also federal employees? That's right! Tell your friends and family and come see us!

Learn about the benefits of joining the Federal Retirees here:
federalretirees.ca/en/members/benefits-of-membership



Wine and cheese evening on Nov. 22

The wine and cheese evening organized by l'Académie des retraités de l'Outaouais (ARO) will take place on Nov. 22. The evening will be hosted by André Thivierge, director general of the Outaouais Branch, who is also a **sommelier and musician/singer** in his spare time.

Bring your family or friends, sip wine, explore food pairings and listen to beautiful music. It promises to be a wonderful evening. Hurry, space is limited. See all the details of the delicious menu when you register by contacting Sylvie at (819) 776-4128.



Date: Wednesday, Nov. 22, 2025, at Domaine des Trembles (please use the largest of the parking lots)

Time: 6:30 p.m. to 10 p.m.

Cost: \$89 tax-free (same price as for ARO members)

Registration: Contact Sylvie at (819) 776-4128

A look back at the Gatineau municipal debate

The Outaouais Branch, along with the organizing groups (ARO, AQDR, AREQ, TAG, and TCARO), sponsored a debate among the candidates for mayor of Gatineau on **Wednesday, Oct. 15, from 2 p.m. to 4 p.m.**, at La Cabane en bois rond. The debate was successfully moderated by our director general, André Thivierge.



Watch the full video here:

https://www.youtube.com/watch?v=snS_ugeQ92s&t=5548s

Here are a few photos from our Facebook page:

<https://www.facebook.com/photo/?fbid=1241390741357741&set=pcb.1241392671357548>

Featured local Preferred Partner

ABC Clinique Santé Chelsea-Gatineau, our proud local Preferred Partner, offering chiropractic, physiotherapy, massage therapy, nutrition and social work services, welcomes you at its location at **57 Route 105, Unit 202, Old Chelsea, Que.**



The discount offered to members of the Outaouais Branch is **20 per cent** off any initial consultation at the clinic, including the first massage therapy appointment, and **10 per cent** off subsequent follow-ups.

If you have any questions about this Preferred Partner and the discount offered to our members, you can call them at (819) 773-4243. Follow ABC Clinique Santé [on their website](#), [Facebook page](#), or [Instagram account](#) to stay up to date on their activities and promotions.

View a list of our local partners here: federalretirees.ca/en/branches/quebec/outaouais-branch/local-preferred-partners

Christmas banquet — Save the date: Dec. 6, 2025

Our magnificent Christmas banquet will take place this year on Saturday, Dec. 6, 2025, at the Palais des Congrès in Gatineau. Stay tuned for communications that will be sent out between now and the **official ticket launch on Monday, Nov. 3, 2025**. We hope you will join us for this wonderful, convivial event to celebrate the holidays.



Contact us!

Do you have any questions, comments or suggestions? Feel free to contact us at admin@anrf-outaouais.ca or by calling **(819) 776-4128**. Visit us on [Facebook](#) and [LinkedIn](#) and visit our [web page](#).

Sincerely,

Réal Fortin

President, Outaouais Branch

Outaouais Branch disclaimer: The Outaouais Branch provides information on issues, products and services, as well as opportunities of general interest to its members. It does not endorse any particular point of view, product, service or opportunity (including volunteer or employment opportunities) as being suitable for individual members, but brings them to the members' attention so that they can carry out their own verifications.



Visit federalretirees.ca/mrd to find out how.



Outaouais Branch

National Association of Federal Retirees

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